# <u>Champ says:</u> "Animals Can Get Cold in the Winter Too"

Although Champ loves to play outside in the snow, he gets cold after a while and needs to go inside to warm up just like you. Champ does not wear boots outside; his feet get really cold and the snow makes icicles between his toes. Even though animals look like they can stay warm because they are furry, they need to keep warm. Dogs should stay inside when it is cold outside except for short periods of time to take a walk or go to the bathroom. If a dog has to stay outside in the cold, it is very important that they have a nice dog house, fit for their size, with clean straw or other bedding to keep them warm. Dogs usually need to eat more in the winter to help them stay healthy. If you take your dog for a walk in the winter, make sure you wipe

their paws off when they go inside as road salt and other

chemicals on the snow can hurt their paws. If you keep your dog in the garage at night make sure there is no anti-freeze on the floor or in an open container. Anti-freeze is poisonous but it smells good to dogs so they lick it. That makes them very sick. Champ knows a lot about cats too and how they are

good at finding small warm places to hide outside. Since cats hide in car engines, remind adults to Check the engine before starting their car.

SAFETY TIP OF THE MONTH:
Never put your toys in your mouth and always wash your hands when you are finished playing.



winter snow boots hats snowman shovel mittens

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## Champ's Tips for Safe Winter Fun

### Snow Safety

While Champ has lots of fur to help keep him warm in the cold weather, he hopes you

will dress warmly with layers of Clothing when you are playing outside this winter.

Champ learned important things about snow safety from his doggie friend McGruff at the FBI that he would like to pass on to you. Here are some rules he wants you to remember when playing in the snow.

- \* Don't tunnel in the snow. If there is a big drift, it may seem like a fun idea to build an underground City. However, you can get hurt if the tunnel fills up with snow and you are inside.
  - \* Don't start snowball fights with kids you don't know. Starting a fight, even with snowballs, is being a bully.
  - \* Keep your snowballs made of snow. Don't put rocks or ice in them; ice balls and rocks can seriously hurt people!
- Don't stay outside all day. Go inside when you feel cold to warm up with some yummy soup or hot chocolate. You can always go back outside to play later.
  - Be sure to take your sled and other toys with you when you go inside.
  - \* Stay out of the street when playing.

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Champ loves to run down the hill following the kids

on sleds. He knows though that there are safety

rules to follow while sledding so that no one gets hurt. Always make sure that you have an adult with you or permission to go sleigh riding in a specific area. Your sled should be in good condition. Never go near roads, trees, big rocks, frozen lakes or ponds. Also, make sure you never ride on your sled head first as you can get hurt. Champ thinks it is a good idea to wear a helmet when sleigh riding to be extra safe. Besides, helmets are cool! When you are done using your sled, remember to put it away so it does not get lost, broken or cause someone to trip and fall.



#### Shovel Snow Safely

Champ likes watching people shovel snow from driveways, sidewalks and steps. Even though it looks like fun and it is very nice to



help out adults, Champ wants you to shovel snow safely so you do not get hurt. Snow is white and fluffy, but it is also very heavy so only shovel a little at a time. Try pushing the snow with your shovel instead of picking it up so you do not strain your muscles. Remember, if you feel tired, go inside and rest. The snow will be there later if you want to shovel more.