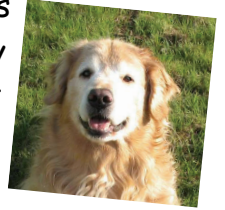




Going to the amusement park for the day is one of my human family's favorite summer outings. Is it one of yours too? I asked my friends at the NYS Department of Labor about safety rules at amusement parks for you because they have really nice people there who go out and check the rides to make sure they are safe. They told me that even though the rides

work properly there are rules that you need to follow to make sure that you stay safe. By being responsible, you will not only be protecting yourself from an injury but also the other people around you. So remember to follow these guidelines when you go on rides and tell all your family members and friends too. Thanks! *WOOF!*



- Read all posted ride safety rules or ask an adult to read them to you.
- Obey the listed age, height, weight, and health restrictions for each ride or attraction.
- Watch the ride first, so you know if it is too scary. Look and see where riders get on and off the equipment.
- Dress for safety - - secure loose clothing, jewelry and long hair. Wear closed-toed shoes or sneakers that won't fall off.
- Keep your head, hands, arms, legs and feet inside the ride at all times. Don't reach for fences or barriers.
- Keep your eyes looking forward to protect your neck from injury when the ride goes fast and/or changes direction.
- Always use the safety equipment that's provided (belts, lap bars, shoulder harnesses, etc.), and check to make sure it's properly latched. Do not unhook the equipment during the operation of the ride.
- Never attempt to wriggle free of restraints or other safety devices.



- Follow all verbal instructions given by ride operators or provided by recorded announcements.
- Never stand up in a roller coaster, or rock a vehicle back and forth.
- Remain seated in the ride, in the "locked and loaded" position, until the ride comes to a complete stop and you are instructed to exit.
- Take lots of breaks during your outing if you're riding high-g (high acceleration) rides, such as roller coasters. Going on many of these rides can result in the loss of consciousness, which can lead to serious injury.
- Drink plenty of fluids to avoid dehydration, water is best. Take a short break after eating food before going back on the rides so you do not get a stomach ache.
- Don't chew gum or eat any food while on a ride as you could choke.
- Avoid horseplay. It's dangerous and you or others could get hurt.

